

DETAILS FOR GRETNA GRITTY ON MAY 8th

Directions

Gretna Glen Address: 87 Old Mine Road, Lebanon, PA 17042

Philhaven Parking Lot: 283 South Butler Road, Lebanon, PA 17042

Cornwall UMC: 50 Freeman Drive, Lebanon, PA 17042

Mountain View Church: 194 Butler Road, Lebanon, PA 17042

Parking

Gretna Glen does not have enough parking space onsite for this event. ***Carpooling is a must.***

This is the plan:

- Competitive Heat Participants park at Gretna Glen (ARRIVE 1 HOUR EARLY)
- Nitty Gritty Participants park at Gretna Glen (Nitty Runs from 9:00-12:00)
- Non-Competitive Participants park at Philhaven (ARRIVE 1.5 HOURS Early)
- Volunteers park at Cornwall UMC
- Overflow parking at Mountain View Church

If you are a combination of any of the above, you may try to park at Gretna Glen first. If parking is full, we will direct you to Philhaven.

When parking fills at Gretna Glen, all participants will be directed to Philhaven, no matter what event they are participating in. Only if parking fills at Philhaven, participants will be directed to the overflow parking at Mountain View Church across the road.

Shuttle services to and from Philhaven & Gretna Glen (approximately a 3 minute ride) will be provided. Buses will go back and forth every 10 minutes or so. Volunteer Buses will pick up at 5:45am & 6:00am and then return volunteers as needed. Masks on and windows down.

We will have constant communication between the Philhaven parking lot and Gretna Glen. If parking opens up, the Phil Haven parking coordinator will send you over to Gretna Glen.

If you are driving into Gretna Glen, please drive SLOWLY and be ALERT. The camp entrance driveway has a gritty participant crossing during the event. Please be careful coming in and out of camp.

COVID 19: We are excited that our outdoor venue meets the best practices for COVID 19 prevention. In addition to remaining 100% outside on the day of the event, we have:

- Asked that spectators be at a minimum to reduce numbers.
- Added handwashing and sanitization stations around our site.
- **Masks:** In accordance with government guidelines we ask that everyone wear a mask when they are unable to social distance from others outside of their household. This means masks on at check in, and in other areas where you can't remain spread out.
- Participants will not be required to wear a mask while they are on the course. Of course it's always your right to stay masked up.
- Please be respectful of others and provide each other with space & grace during this unique year.

Food Service - All participants: (Nitty, Runners, and Volunteers) will receive lunch included in your registration fee.

Lunch will start being served at 9:30. Lunch will also be available "to-go".

Non-participants may purchase a meal for \$5.00 (this is the price for children or adults- CASH ONLY)

Hydration Stations

Water Coolers will be placed all over camp and at first aid/hydration stations along the trail.

Check In

Check in will be outside of the Henry Funk Program Center at Gretna Glen. **Walk-Ins are welcome (THERE IS NO NEED TO CALL AHEAD about walk-in registrations.) Walk-Ins will be assigned to the 1st available wave and we will work with you to help you run with your group/team.**

- No Friday packet pick up is needed. Saturday check-in is quick and easy.
- You will receive your bib and directions for your next step.
- Any donations can be turned in at that time. This is a **FUNDRAISER**.

NEW IN 2021 – Rolling Starts:

This year all runners (competitive and non-competitive) will participate with a rolling start. This means you can start any time within fifteen minutes of your wave time. This allows us to encourage social distancing = no mask requirement on course.

- Example: If your wave starts at 9:00am. You can begin your run any time between 8:45am and 9:15am.
- For 2021 there won't be a gathered "Ready – Set – Go" group start. This means you decide when you're ready.
- The Nitty Gritty runs from 9:00-12:00

Please do not stress if you are late for your wave. Everyone will get a chance to run.

After the Race

At the village (where the race starts and ends) you will receive your t-shirt. You receive a t-shirt if you registered prior to noon on April 27th.

Limited showers are available. Changing stations are at the start/finish area.

General Information

Gretna Glen & Philhaven are alcohol free/non-smoking facilities.

Safety protocols are in place and emergency personnel will be on site.

You will get muddy, you may even lose a shoe. Come prepared.

You are responsible for all of your personal belongs. There will be places for you to drop your bag at the start/finish area. This is a "non-staffed" area, with no "bag check" system. Please use your own discretion.

Please limit the number of spectators you bring. We are still allowing spectators as they are an important support for our participants. Spectators should be sure to grab an information sheet at check in or the information station at the village. This will include a site map. There is no charge for spectators, or to park, but please do carpool.

Childcare is not available. If you are participating in the 5K Mud Run you must have someone to supervise your children. Children participating in the Nitty Gritty must also have an adult present at the Nitty Gritty start area or on the course (obstacles are not for adults).

Social Media

Tag us #gretnagritty or #gretnagritty2021

Share the donation link: <https://runsignup.com/Race/Donate/PA/Lebanon/GretnaGritty>

As an outdoor ministry we are grateful you have chosen to spend your time and help us fundraise. We ask all participants and guests to honor this sacred space by embracing a spirit of community, fun, and adventure.

Race day emergency contact number: 717-679-6715 (Apryl)